Cedarfield LEARNING

FREE SAMPLE

EVERYDAY SKILLS · SKILL PACK

Shapes, Sorting and Matching



Noticing shapes, sizes and categories

Large print · One task per page · Hands-on with real objects · No screen

3 ACTIVITIES · FREE SAMPLE

1. **Match the Shapes**
2. **Sort by Color**
3. **Big and Small**

For teenagers and young adults learning foundational skills · cedarfieldlearning.com

How to Use This Book

For the adult

1. Use one page per sitting. Short and successful is better than long.
2. Gather the objects listed in the green box before you start.
3. Read the "Say" line aloud, calmly, in your own words if you prefer.
4. Let your learner touch, place and move the real objects. Pointing and saying the answer counts as much as writing.
5. If an answer is not right yet, stay calm: show the right answer, then do it again together. Give just enough help, and a little less next time.
6. Name what went well, briefly: "Good counting." Repeat a page as often as you like and stop on a success.
7. When a page goes well two or three times on different days, try the harder idea in the green box.
8. Supervise small objects (coins, buttons) if putting things in the mouth is a concern.
9. These are practice pages, not therapy. Print them again whenever you need.

Each page has two parts. The framed area is for your learner: one task, large print, lots of space. The green panel at the bottom is for you: what to gather, what to say, and how to make it easier or harder.

UNIT 3

Shapes, Sorting and Matching

This unit practises noticing shapes, sizes, and categories in real objects around the home.

IN THIS UNIT

Match the Shapes
Circle, square, triangle

Sort by Color
Sorting by color

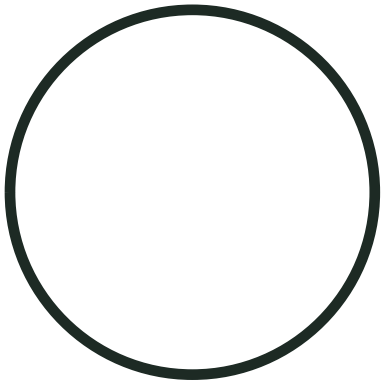
Big and Small
Big and small

UNIT 3

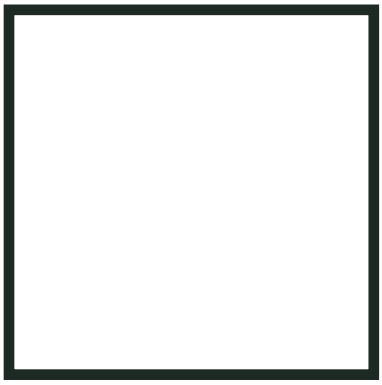
1 Match the Shapes

Skill: Circle, square, triangle

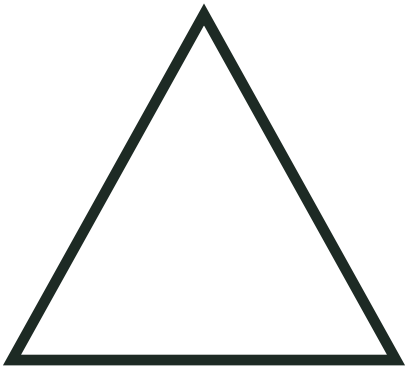
About 5 min



circle



square



triangle

FOR THE ADULT

You need Jar lid, square sticky note, napkin folded into a triangle

Say "Put each object on the shape that matches it."

Hands-on Your learner places each object on the matching outline and says its name.

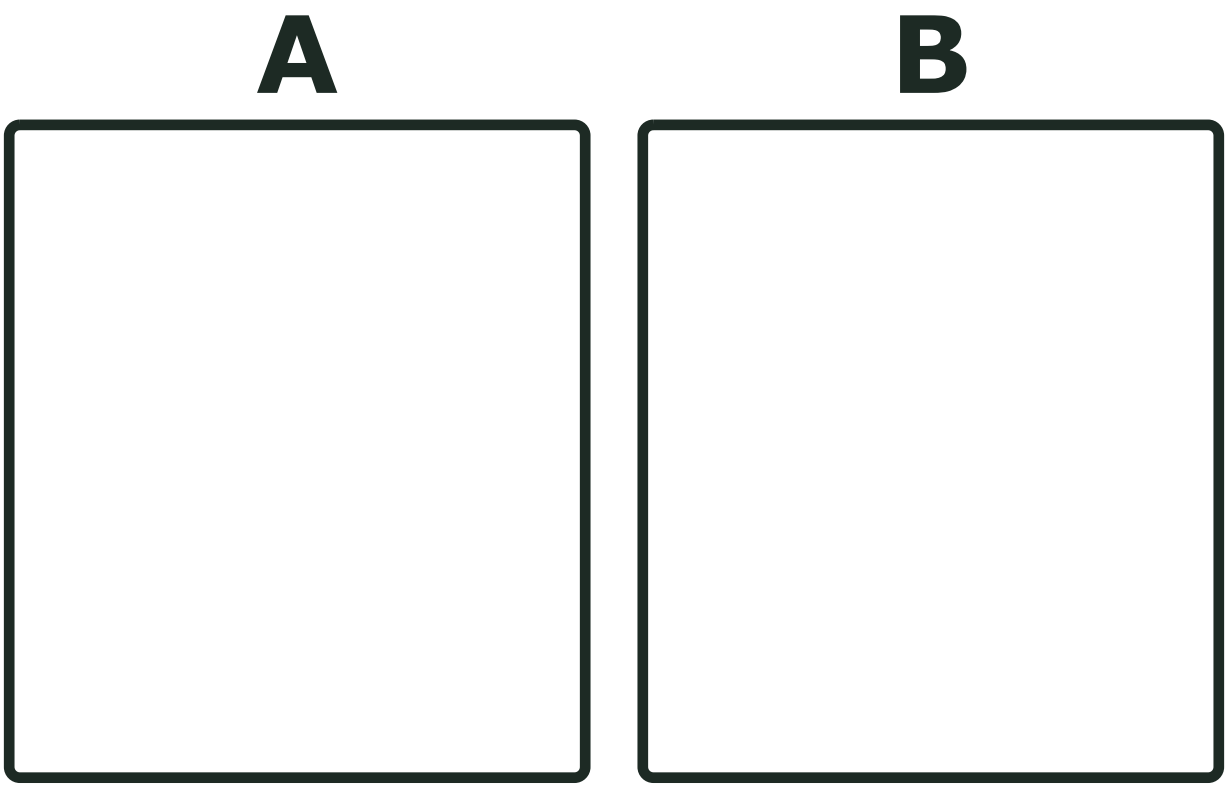
Adjust **Easier:** Use only the circle and the square. **Harder:** Find a second object at home for each shape.

UNIT 3

2 Sort by Color

Skill: Sorting by color

About 5 min



FOR THE ADULT

You need Socks or cups in two colors (for example red and blue)

Say "This one is red. This one is blue. Put each red one in box A and each blue one in box B."

Hands-on Place one red item on box A and one blue item on box B. Your learner sorts the rest by color and names each color.

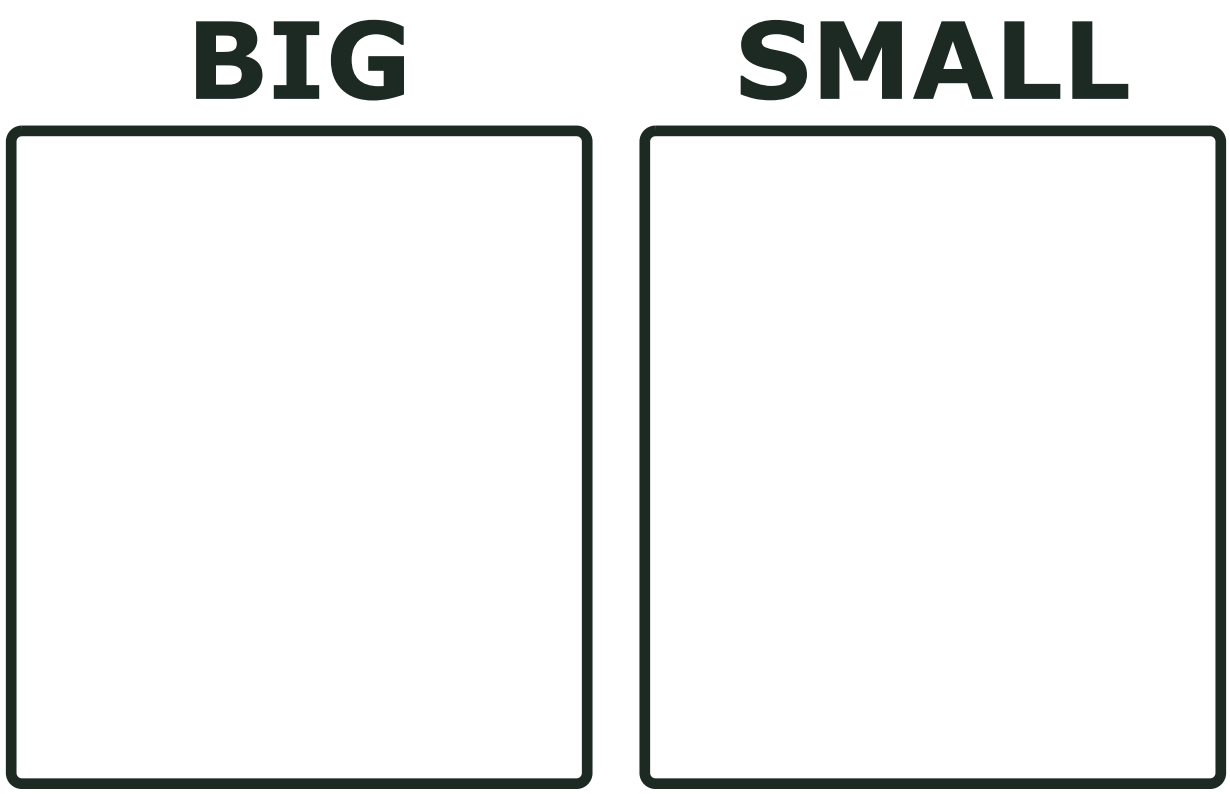
Adjust **Easier:** Use only two items of each color. **Harder:** Add a third color to sort.

UNIT 3

3 Big and Small

Skill: Big and small

About 5 min



FOR THE ADULT

You need Three big spoons, three teaspoons

Say "Big spoons go in the big box. Small spoons go in the small box."

Hands-on Your learner picks up each spoon, compares, and places it in the matching box.

Adjust **Easier:** Use 1 big and 1 small spoon. **Harder:** Add a medium spoon and decide together where it goes.

Progress Notes

Optional

A quick note after each sitting helps you see progress and choose the next page. Print this page again as needed.

Date	Activity	With help / On own	Notes

What Comes Next

This free sample shows 3 activities from **Shapes, Sorting and Matching**. The full pack has 8 activities, each with the same calm, one-task layout, plus a progress page. Print these pages as often as you like.

The full packs and the complete Level 1 workbook are presented at **cedarfieldlearning.com/everyday-skills.html**. Tell us about your learner and we will suggest where to start.

Cedarfield LEARNING

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