Cedarfield LEARNING

FREE SAMPLE

EVERYDAY SKILLS · SKILL PACK

Signs and Everyday Words



Reading the words that keep us safe

Large print · One task per page · Hands-on with real objects · No screen

3 ACTIVITIES · FREE SAMPLE

1 The STOP Sign

2 The EXIT Sign

3 Open or Closed

For teenagers and young adults learning foundational skills · cedarfieldlearning.com

How to Use This Book

For the adult

1. Use one page per sitting. Short and successful is better than long.
2. Gather the objects listed in the green box before you start.
3. Read the "Say" line aloud, calmly, in your own words if you prefer.
4. Let your learner touch, place and move the real objects. Pointing and saying the answer counts as much as writing.
5. If an answer is not right yet, stay calm: show the right answer, then do it again together. Give just enough help, and a little less next time.
6. Name what went well, briefly: "Good counting." Repeat a page as often as you like and stop on a success.
7. When a page goes well two or three times on different days, try the harder idea in the green box.
8. Supervise small objects (coins, buttons) if putting things in the mouth is a concern.
9. These are practice pages, not therapy. Print them again whenever you need.

Each page has two parts. The framed area is for your learner: one task, large print, lots of space. The green panel at the bottom is for you: what to gather, what to say, and how to make it easier or harder.

UNIT 4

Signs and Everyday Words

This unit practises reading the signs and short words that keep us safe and help us find our way.

IN THIS UNIT

The STOP Sign
Tracing STOP

The EXIT Sign
Tracing EXIT

Open or Closed
Identifying OPEN/CLOSED

1

UNIT 4

The STOP Sign

Skill: Tracing STOP

About 5 min



FOR THE ADULT

You need A pencil or finger

Say "Trace the letters S, T, O, P. Where do we see this sign?"

Hands-on Your learner traces each letter with a finger or pencil, saying the letter name.

Adjust **Easier:** Trace together, your hand over theirs. **Harder:** Find a real STOP sign on a walk.

UNIT 4

2 The EXIT Sign

Skill: Tracing EXIT

About 5 min



FOR THE ADULT

You need A pencil or finger

Say "Trace the letters E, X, I, T. This sign shows the way out."

Hands-on Your learner traces each letter with a finger or pencil, saying the letter name.

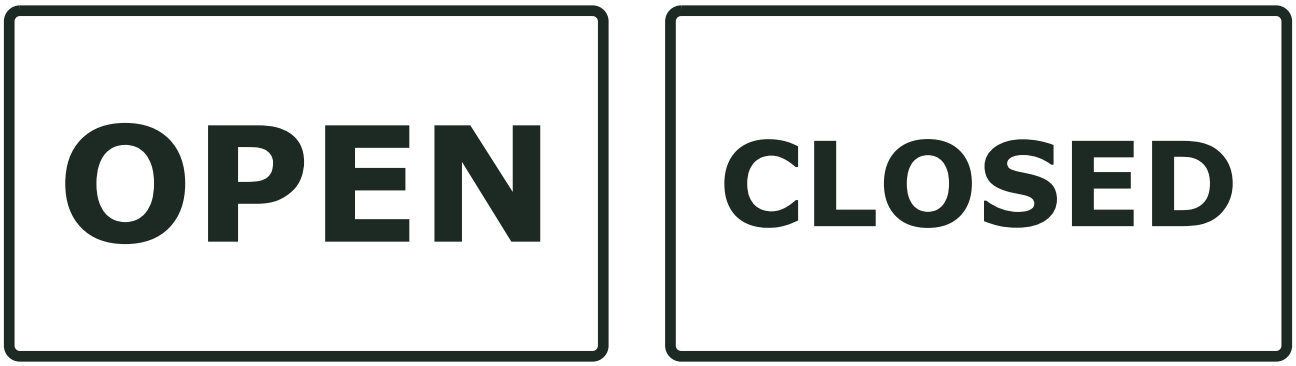
Adjust **Easier:** Trace together, your hand over theirs. **Harder:** Look for EXIT signs on your next outing.

UNIT 4

3 Open or Closed

Skill: Identifying OPEN/CLOSED

About 5 min



FOR THE ADULT

You need Nothing

Say "I will tell you about a store. Is it open or closed? Point to the word."

Hands-on Describe a store (lights on, door unlocked; or lights off, door locked). Your learner points to OPEN or CLOSED.

Adjust **Easier:** Use only OPEN first, then add CLOSED. **Harder:** Ask why the store is closed.

Progress Notes

Optional

A quick note after each sitting helps you see progress and choose the next page. Print this page again as needed.

Date	Activity	With help / On own	Notes

What Comes Next

This free sample shows 3 activities from **Signs and Everyday Words**. The full pack has 8 activities, each with the same calm, one-task layout, plus a progress page. Print these pages as often as you like.

The full packs and the complete Level 1 workbook are presented at **cedarfieldlearning.com/everyday-skills.html**. Tell us about your learner and we will suggest where to start.

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